



MEASURING THE ACCURACY OF MEDICAL INTUITION: A PILOT STUDY



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BACKGROUND AND PURPOSE

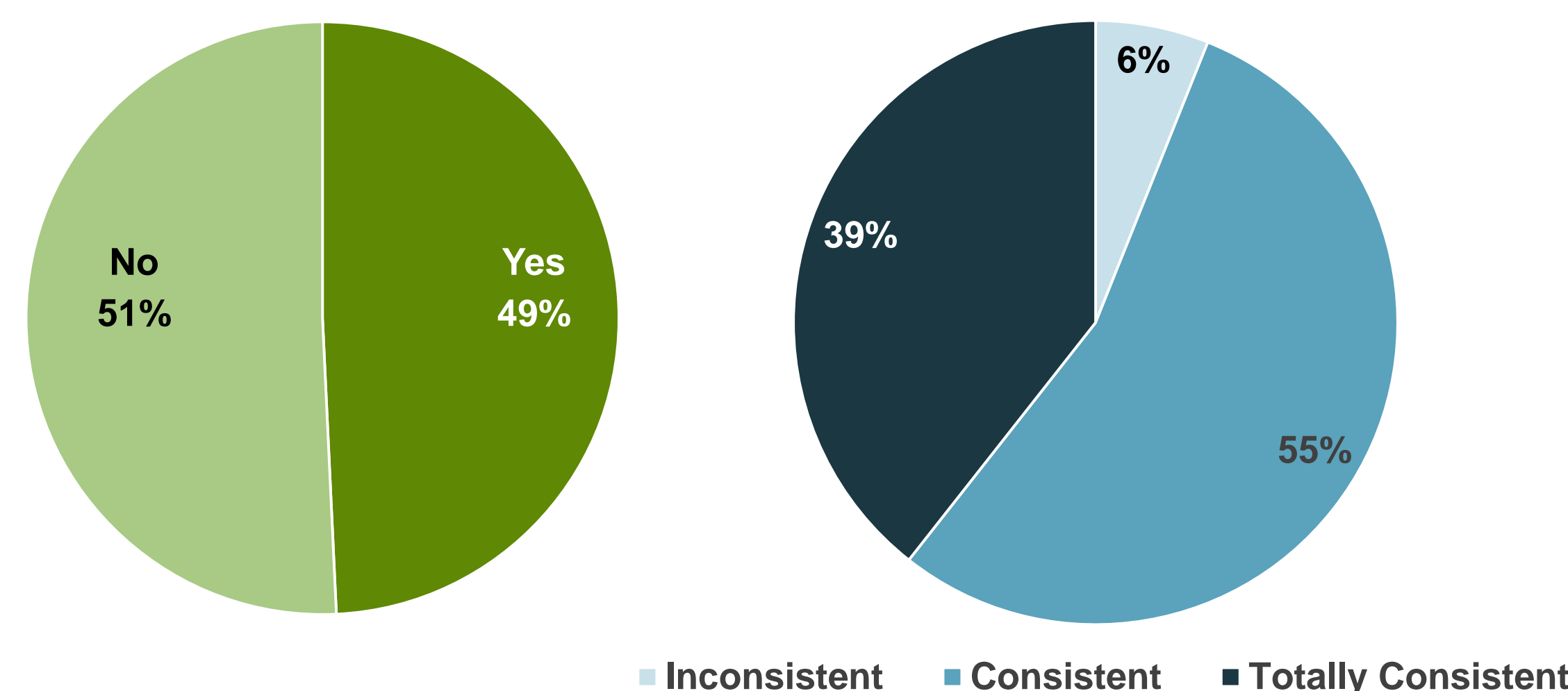
Medical Intuition is a system of expanded perception gained through the human sense of intuition. Medical Intuition is considered part of the field of Complementary and Integrative Medicine (CIM) and focuses on visualization skills and intuitive, innovative scanning to obtain information from the physical body and its energy systems.

Medical Intuition is designed to identify and evaluate energetic structures and patterns in the energy systems of the body (biofield) that may correspond to illnesses, imbalances and disease in the physical body. Additionally, Medical Intuitives are trained to identify and assess the underlying causes of imbalances and illnesses in the body, such as stressful life events and trauma. The ultimate aim of Medical Intuition is to promote holistic health, which includes physical, emotional, mental, and spiritual well-being.

The purpose of this pilot study was to examine accuracy rates of trained Medical Intuitives who were certified graduates of The Practical Path, Inc. Medical Intuitive Training program.

I have received a diagnosis from a medical professional.

If yes, how consistent was the Medical Intuitive assessment with the diagnosis?



This survey represents initial research data in this nascent, evolving field. Medical Intuition is designed to assist the physician in a cost-effective, targeted approach to the patients' presenting concerns, and is not meant to serve as a diagnosis of illness or disease.

METHOD AND DESIGN

The survey study took place over a period of eight months, from August 2018 through March 2019. The Medical Intuitives met with individual study participants in independent 30 to 60 minute blinded sessions. The sessions were conducted either in person or remotely by telephone or internet.

Study participants (n=67; 87% female) were self-selected, and included a cohort of patients from UC San Diego Health and Prebys Cardiovascular Institute Cardiac Treatment Center at Scripps Health, San Diego.



The study participant age ranges were: 35-44 years 27%, 55-64 years 21%; 18-34 years 20%; 45-54 years 17%; 65-74 years 15%.

Prior to beginning a session, the study Medical Intuitives (n=5) asked participants to self-assess, on a scale of 1-10, their current stress/anxiety levels. No other medical or health information was provided by the participants. The Medical Intuitives performed the sessions with their eyes closed.

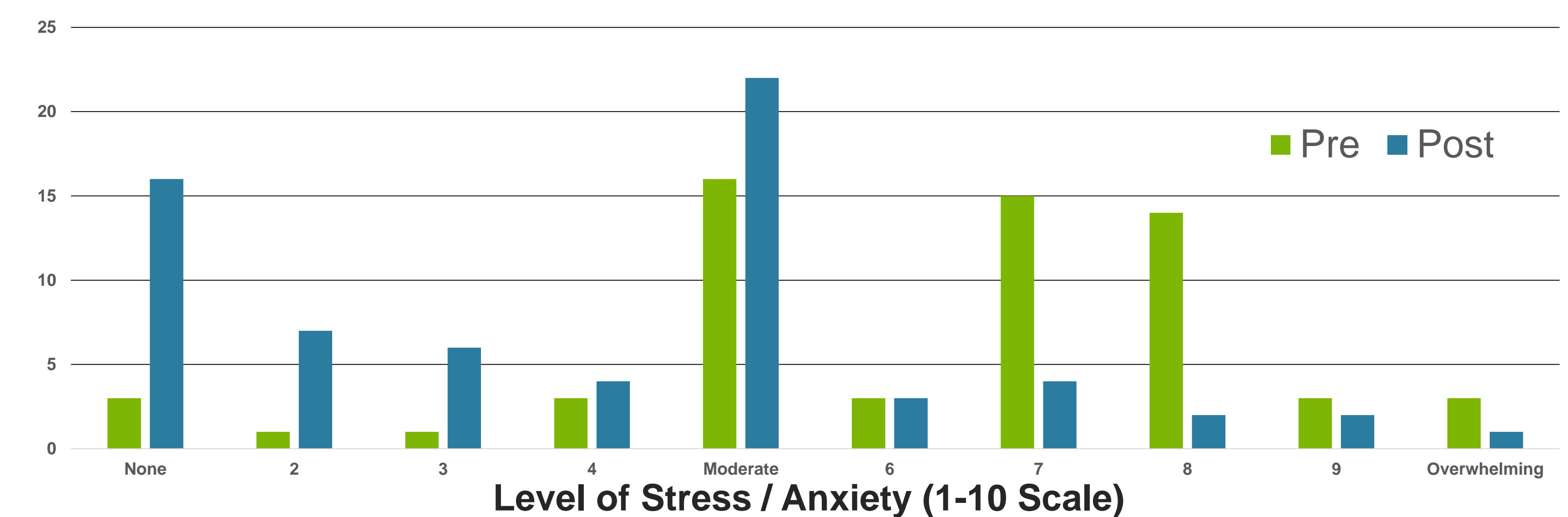
Following the session, participants completed a post-session survey with a Likert scale to rate the Medical Intuitives' accuracy, including a self-assessment of their post-session stress/anxiety levels.

References

- Pretz, et al (2014). Development and validation of a new measure of intuition: the types of intuition scale. *Journal of Behavioral Decision Making*, 27, 454-467
- Liem, T. (2017, Sep 1). Intuitive Judgment in the Context of Osteopathic Clinical Reasoning. *Journal of the American Osteopath Association*, 117(9):586-594, doi: 10.7556/jaoa.2017.113
- Melin-Johansson, C., Palmqvist, R. & Rönnberg, L. (2017, Mar 22). Clinical intuition in the nursing process and decision-making - a mixed-studies review. *Journal of Clinical Nursing*, doi: 10.1111/jocn.13814

RESULTS

- Location of Main Physical Issue: **94% accurate**
- Location of Secondary Physical Issue (86% of participants): **100% accurate**
- Evaluation of Health Issue(s): **94% accurate**
- Consistency with Known Medical Diagnosis (49% of participants): **94% accurate**
- Description of Life Events: **98% accurate**
- Clear Connection between Life Events and Health Issue(s): **93% accurate**
- Offered Useful Recommendations: **100% Strongly Agree / Agree**
- Satisfaction with Session: **99% Extremely Satisfied / Satisfied**
- Would Recommend Medical Intuition to Others: **Yes 97% / No 3%**
- Would Have Another Session: **Yes 96% / No 4%**
- A significant point **reduction of 2.43** on a 10-point Likert scale in stress/anxiety levels was observed from pre to post session ($M_{pre} = 6.32$, $M_{post} = 3.89$, $t = 7.98$, $p < .001$)



CONCLUSIONS

This pilot study was created out of the recognition of the increasing use of Medical Intuition in the medical setting, and the need for scientific research in this area. The findings suggest that highly trained Medical Intuitives have high accuracy rates to identify primary and secondary physical complaints and/or illnesses, consistency with medical diagnoses, as well as to identify life events that led to the complaints and/or illness.

Further experimental research is needed. The University of California San Diego (UCSD) School of Medicine, one of the top-ranked public research universities in the nation, is collaborating with The Practical Path, Inc. on a new research proposal to further study Medical Intuition. Dr. Paul J. Mills, Director of the UCSD Center for Excellence for Research and Training in Integrative Health is the principal investigator.