Healing Communities: Integrative Health Across the Lifespan

Saturday
November 17, 2018
8:00 am – 6:00 pm

Presented by:
USC Institute for Integrative Health & Wellness

Jerome H. Stone Family Foundation

Keith Administrative Building
(KAM)
Mayer Auditorium
1975 Zonal Avenue
Los Angeles, CA 90033

PROGRAM
8:00 am Registration and Breakfast
8:45 am Introductory Remarks
Tobi Fishel, PhD
First Keynote Address – Made possible by the
Jerome H. Stone Family Foundation
9:00 am Children and Nature: 10 Reasons Children, Adults
and Communities need Vitamin N
Richard Louv
10:00 am Break
Second Keynote Address
10:15 am Food as Medicine: Nutrition through Our Life Stages
Kelli Gray-Meisner, RDN
11:15 am Exhibitors
11:45 am Lunch/Healing Circle
1:00 pm BREAKOUT SESSIONS
4:00 pm Drumming Through the Ages (Percussive Healing Through Time)
Gianvanni Washington, PhD
Reception immediately following until 6pm

BREAKOUT SESSIONS
Laughter Yoga
Marali D. Nair, PhD
Guided Imagery for Teens (or the teenager in you!)
Marc J. Weigensberg, MD
Cannabis for Chronic Pain
Jeffrey Chen, MD, MBA & Charlie Kaplan, PhD
Yoga Therapy for Stress, Anxiety & Trauma
May Che, E-RYT 500, YTRx
Art and Soul: The Use of creativity and art for self-expression and healing
Tobi Fishel, PhD
Opening Up to Grace: A Gerontological Workshop on
Navigating and Welcoming Life’s Changes
Leah Marie Buturain, PhD
Healing Touch and Clinical Massage: Managing
Acute/Chronic Pain
Tveen Kirkpatrick, RN & Stacey Rosenthal, RN, PHN
Pain Management for Older Adults
Rebecca Cunningham, OTD, OTR/L
Ethnic Enclaves: Traditional Healing Practices
Marali Nair, PhD & Fidel T. Rodriguez
Geriatric Focus: Music and Reminiscence Therapy
Monika White, PhD & Roger Goodman, MCSE
Healing from Ancient Traditions: The Use of Herbal Remedies in the Latino Community
Martha Rivera, MD
Yoga as a Way to Heal Communities
Kaitlyn Power, MSW & Teresa Power, JD
Lakota Healing Songs
Ronan Hallowell, EdD
Simple Mind-Body Techniques you can use in your office
with your patients tomorrow!
Marc J. Weigensberg, MD
BREAKOUT SESSIONS (continued)
Pediatric Acupuncture – Not as Scary as it Sounds!
Monika Kobylecka, LAc
Virtual Reality and Healthcare: VR for Pain Management
Jeffrey I. Gold, PhD
Acupuncture for Women’s Health
Marin Kokin, LAc
Music as Medicine: Mindfulness & Vocal Toning with Ancient
Tibetan Singing Bowls
Jahna Perricone, CMF & Michael Perricone
Mantra Meditation: The Power of Sound
Marisa Perdomo, DPT
New Moon Group: Music, Mindfulness & Intention Setting
Nils de Mol van Otterloo, MSW & Paul de Gré
A Taste of Healthy Cooking
Kelli Gray-Meisner, RDN
Smartphone Applications for Health & Wellness
Jeffrey I. Gold, PhD

EDUCATIONAL OBJECTIVES
The conference will be addressing the latest research on integrative medicine, specifically focusing on the healing properties of the natural world and food as medicine. The audience will learn practical tools to use in the clinical arena and ways for the clinician to use integrative health to improve their own health and wellness.

FACULTY
COURSE DIRECTOR
Marc J. Weigensberg, MD

USC FACULTY
Tobi Fishe, PhD
Jeffrey I. Gold, PhD
Marc J. Weigensberg, MD
Murali Nair, PhD
Tveen Kirkpatrick, RN
Ronan Hallowell, EdD
Marisa Perdomo, DPT
Nils de Mol van Otterloo, MSW
Rebecca Cunningham, OTD
Leah Marie Buttrain, PhD
Charlie Kaplan, PhD

GUEST FACULTY
Richard Louv
Kelli Gray-Geisenger, RDN
Jeffrey Chen, MD, MBA
Fidel T. Rodriguez
Stacey Rosenthal, RN, PHN
Monika White, PhD
Roger Goodman, MCSE
Martha Rivera, MD
Kaitlyn Power, MSW
Teresa Power, JD
May Che, E-RYT 500, YTRx
Giovanni Washington, PhD
Monika Kobylecka, LaC.
Marin Kokin, LaC.
Jahna Perricone, CMF
Michael Perricone
Paul de Gré

REGISTRATION
Tuition: 
- Early bird registration closes Friday, November 2nd at noon.
  - MD, DO: $150
  - Allied Health (TCM Practitioners, Chiropractors, Naturopaths, Dietitians, Faculty): $100
  - Students/Fellows/Residents: $25
  - Community (Non-Clinicians): $50

On-site registration available on November 17, 2018 at Keck School of Medicine of USC.

MD, DO: $175
Allied Health: $125
Students/Fellows/Residents: $50
Community: $75

To register, go to the link below and enter in the code “integrative” to access.
https://events.usc.edu/esvp/

KEYNOTE SPEAKER
Richard Louv is a journalist and author of nine books about the connections between family, nature, and community.

Louv is also the recipient of the Cox Award for 2007, Clemson University’s highest honor, for “sustained achievement in public service” and has been a Clemson visiting professor. Among other awards, Louv is the recipient of the 2008 San Diego Zoological Society Conservation Medal, the 2008 George B. Rabb Conservation Medal from the Chicago Zoological Society, and the 2009 International Making Cities Livable Jane Jacobs Award. He also serves as Honorary Co-chairman, with artist Robert Bateman, of Canada’s national Children and Nature Alliance.

Louv has written for The New York Times, The Washington Post, The Times of London, and other major publications. He has appeared on many national TV shows, including CBS This Morning, NBC’s Today Show and Nightly News, CBS Evening News, ABC’s Good Morning America, and NPR’s Morning Edition, Fresh Air, Talk of the Nation and Diane Rehm show. Between 1984 and 2007 he was a columnist for The San Diego Union-Tribune and has been a columnist and member of the editorial advisory board for Parents magazine.

Louv served as an advisor both to the Ford Foundation’s Leadership for a Changing World award program and to the National Scientific Council on the Developing Child. He is on the board of directors of ecoAmerica: on the editorial board of Ecopsychology, and a member of the Citistates Group. He has appeared before the Domestic Policy council in the White House as well as giving keynote addresses at major governmental and professional conferences around the world, including the American Academy of Pediatrics National Conference, the Congress of the New Urbanism, the first White House Summit on Environmental Education, the International Healthy Parks Conference in Melbourne, Australia, and the annual SEE Foundation Conference in China.

He is currently working on his tenth book about the evolving relationship between humans and other animals. Married to Kathy Frederick Louv, he is the father of the two young men, Jason and Matthew. He would rather hike than write.