

CURRICULUM VITAE

P. TOBI FISHEL, PH.D.

PERSONAL INFORMATION:

Work

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EDUCATION AND PROFESSIONAL APPOINTMENTS

EDUCATION:

1984 Bachelor of Arts, (Psychology) Binghamton, NY
1990 Doctorate (Clinical Psychology) University of Miami, FL

POST-GRADUATE TRAINING:

1989-91 Residency (Pediatric Psychology) University of Florida, Gainesville, FL

HONORS, AWARDS:

2003, 2007 Dozier Teaching Award,
Outstanding teacher of child
Psychiatry Fellows
2003 Co-Teacher of the Year, Adult
psychiatry
1996 "The Dough Case Memorial
Award" for Outstanding Volunte
Commitment to the Florida
Diabetes Camp.
1991 Outstanding Young Woman of
America Award
1988 Chair and Graduate Advisory
Group Award
1986-87 Graduate Teaching Assistant of
the Year
1984 Elected to Phi Beta Kappa
1984 Outstanding Academic Honors
1983-84 President of Psi Chi
1980-1984 Regent's Scholarship

ACADEMIC APPOINTMENTS:

1996-1998	Consultant, Outpatient Psychiatry	University of Texas Medical Branch
1997-1998	Assistant Professor	University of Houston, Texas
1998-2013	Assistant Professor	Vanderbilt University School of Medicine
2013-2016	Associate Professor	Vanderbilt University School of Medicine, Departments of Psychiatry, Pediatrics, Physical Medicine and Rehabilitation, Psychology
2016 – Present	Adjunct Instructor	USC, School of Social Work
2016 – Present	Associate Professor, Director Residency Wellness	USC, Pediatrics, GME Office

TEACHING

DIDACTIC TEACHING:

USC, UCLA and Vanderbilt Medical School

<i>Year-Year</i>	<i>Course Name</i>	<i>Units/Hrs</i>	<i>Role</i>
2020	Integrative Med and Pain		USC Master's in Pain Medicine
2017-2021	Pediatric Integrative Med		Faculty for Peds Elective
2017-2018	Advanced Trauma		Instructor, USC School of Social Work
2017-2021	Integrative health seminars		Guest, Masters of Public Health
2016	Integrated Care		Instructor, USC School of Social Work
2016	The heart of Integrative Medicine		Invited Seminar Facilitator for USC and UCLA, integrative medicine fellowship and family medicine residency
2009-2015	Yearly Seminars with pain fellows, internal medicine residents, pyschiatry residents and psychiatry child fellows on mindfulness and integrative medicine		Vanderbilt Medical Shool
2004-2009	Intercession on coping with Chronic Illness, Diabetyes as Focus, Small group facilitation director,		Vanderbilt First year medical students
2003-2007	Patient, Profession, and Society, Course Director,		Vanderbilt medical School, Vanderbilt First Year medical Students
2015-Present	Consultant to National Integrative Centers		Teaching seminars to medical professionals at UCLA and USC medical schools

CME COURSES DEVELOPED

2008-2015	<i>Distressed Physician Course</i>	<i>Developed and facilitated an Emotional Intelligence, Mindfulness, leadership workshop offered over 6 month period, three times a year for disruptive/distressed Physicians from around the USA and Canada</i>
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SERVICE

MEDICAL SCHOOL SERVICE:

<i>Year-Year</i>	<i>Position, Committee</i>	<i>Organization/Institution</i>
2019-present	HSC Wellness Council	Keck and all HSC campus
2018	Planning committee, curriculum	Keck Medical School
2011-2015	Medical Advisory Board Member – Vanderbilt Cancer Wellness Program	Medical School Service
2009-2015	Faculty Advisor to Compassion Advisory Panel for integrative medicine endeavors at Osher Center	
2009-2015	Vanderbilt Pediatric Diabetes Advisory Board Member	
2004-2006	Vanderbilt School of Medicine Admissions Committee	
2001-2006	The Flying Pig Development Committee Chair: coordinate team efforts in the development of the child/teen portion of the family resource center of Vanderbilt's Children's Hospital	
2012-2015	Appointed to Task Force for Board of Integrative Pain Medicine, Physician Competencies in Pain Medicine, Mental health Representative	

PROFESSIONAL SERVICE:

<i>Year-Year</i>	<i>Position, Committee</i>	<i>Organization/Institution</i>
2005-2008	TPA Board Member	Tennessee Psychological Association

CONSULTANTSHIPS AND ADVISORY BOARDS:

<i>Year</i>	<i>Position, Board</i>	<i>Organization/Hospital/School, Institution</i>
2011-2013	Co-Chair, Clinical Committee	Consortium of Academic Health Centers of Integrative Medicine
2015-2016	Medical/Health Advisory Board	Pain Free Kids
2015-Present	Advisory Member	Acupuncture for the Underserved, Einstein Medical School
2016-Present	Steering Committee	Institute for Integrative Health, USC

PROFESSIONAL SOCIETY MEMBERSHIPS:

<i>Year- Year</i>	<i>Society</i>
2001 - Present	Art and Soul Cooperative Art Studio American Diabetes Association Nashville Psychotherapy Institute Tennessee Women in Medicine Society American Association of Medical School Psychologists National register of Psychologists Body-Centered Psychotherapy Association Academy of Integrative Medicine and Health International Network for Integrative Mental Health Consortium of Integrative Medicine and Health

COMMUNITY SERVICE:

<i>Year-Year</i>	<i>Position</i>	<i>Organization/Institution, City,</i>	<i>Role or Activity</i>
2010 – 2015	Founder	Sound and Music Healing for the Community	Founder and Facilitator
2015-present	Member	Elephant Guardians	Active Member to Free Elephants in Captivity

RESEARCH AND SCHOLARSHIP

MANUSCRIPT REVIEW:

<i>Year-Year</i>	<i>Journal</i>
2011-Present	<u>Journal Explorer</u> , <u>Guest Editor</u> , <u>Journal Explorer</u>

MAJOR AREAS OF RESEARCH INTEREST

- Research Areas
1. Integrative Medicine and Health
 2. Chronic Illness and Trauma
 3. Physician Wellness

INVITED GRAND ROUNDS, CME LECTURES

<i>Year</i>	<i>Type</i>	<i>Title, Location</i>
2021	Mental Health and Covid	Invited Speaker, U of Arizona Med School Grand Rounds
2020	Physician Health	Invited Speaker, IHW Integrative Medicine Conference
2019	Spirituality and Health	All Day Workshop, IM4US Conference, Santa Clara, California
2019	Guided Imagery	Workshop, IM4US Conference, Santa Clara, California
2019	GME Wellness	Grand Rounds, Internal Medicine, USC, Los Angeles, California
2019	GME Wellness	Grand Rounds, Plastic Surgery, USC, Los Angeles, California
2018	Spirituality and Health	CME workshop, International Integrative Congress, Baltimore, USA
2018	Spirituality and Health	Grand Rounds, Psychiatry, Tulane University, New Orleans, USA
2017	Spirituality and Health	Keynote Speaker, Integrative Conference, USC
2017	Physician Wellness	Grand Rounds, Internal medicine, USC
2017	It Takes a Village	Invited Speaker for USC Pain Conference
2017	Functional Restoration and Pain	Invited Speaker to USC Pain Conference, Plenary Speaker
2017	Mindfulness and Pain	Invited Speaker to USC Pain Conference
2016	Spirituality and Health	Invited Speaker for Irvine's Samueli Institute Women's Health Conference
2016	Sound and Music Healing	Invited Speaker for USC's Integrative Medicine Conference
2015	Integrative Approaches to Chronic Pain	Invited Speaker, Regional Pain Conference Sponsored by USC
2015	Sound and Music Healing	Consortium of Integrative Medicine and Health, Finding Your Rhythm
2015	Mindful eating and Body Image	JDRF Type One Nation Summit, Seminars, Nashville TN
2014	Role of Health Psychology and Integrative Medicine	Albuquerque, New Mexico
2014	Sound and Music Healing	Invited speaker, SIMPLE conference, Albuquerque NM
2014	Behavioral Medicine and Health	Invited Speaker, TN Innovation of Health Care, Insurance Carriers in TN
2014	It's All About Community	The critical role of behavioral medicine in creating a successful and effective integrative health center; USC

2014	Search inside yourself, Mindfulness-based emotional intelligence; 3 day retreat for Veterans Administration	Chief Medical Officers of the Southern region, Mississippi
2014	Integrative Medicine and Chronic Pain	Grand Rounds, Jackson, TN
2014	Integrative Medicine	Nursing Grand Rounds, Vanderbilt University School of Nursing
2014	Chronic Pain	Grand Rounds, Lebanon Medical Center, TN
2014	Chronic Pain and Integrative Medicine	Fort Campbell TN
2012	"Living Wholeheartedly: Healing Through Outrageous, Courageous Mindfulness Practices, A Path for Compassion, Connection, and Freedom"	San Antonio, TX
2011	Get in Rhythm: Trauma Recovery Through Body-Focused Therapy	Invited speaker for Psychology Doctoral Students, The Carlos Albizu University, San Juan Puerto Rico
2011	Coping With The Highs And Lows Of Blood Sugar	Key Note Speaker, Regional JDRF Conference for Parents and Teens
2011	The Complexity of Chronic Pain	Invited Speaker, International Congress of Integrative Health, Portland Oregon
2010	Mindful Eating	American Holistic Medical Association and International College of Integrative Medicine, Nashville, TN
2010	Coping with Diabetes in the Family	Speaker, JDRF
2009	Integrative Medicine	Nashville Psychotherapy Institute, Nashville, TN
2009	Integrative Medicine	American Hospital Association, Nashville, TN
2004	Distressed Physician Course	AMA/CMA International Conference on Physician Health, Chicago IL
2004	Grand Rounds: Dialectical Behavior Therapy	Psychology, Vanderbilt University, Nashville, TN
2003	Grand Rounds: Psychological Factors Related to Coping with Chronic Illness	Internal Medicine Department, Vanderbilt, Nashville, TN
2001	Grand Rounds: Reactive Attachment Disorder	Vanderbilt Children's Hospital, Nashville, TN
2000	OB/GYN Grand Rounds: Communicating with the Difficult Patient	Vanderbilt, Nashville, TN
1998	Texas Diabetes Council: Behavioral Medicine and Diabetes	

1997	TLMFT Conference, Chronic Illness and the Family	
1989	Compliance in handicapped preschoolers: The relationship between parent behavior and child characteristics.	Paper presented at the Gatlinburg Conference on Research and Theory in Mental Retardation and Developmental Disabilities, Gatlinburg, TN.
1988	Communication and play behaviors in handicapped preschoolers	Paper presented at the annual meeting of the South Eastern Psychological Association, New Orleans, LA.
1987	Play and imitative skills in autistic and other handicapped preschoolers	Paper presented at the annual meeting of the American Psychological Association, New York, NY.

THESIS:

<i>Year</i>	<i>Degree</i>	<i>Institution</i>	<i>Title</i>
1990	Ph.D.	University of Miami	<u>A Comparison of The Effectiveness of Behavioral Parent Training Versus Affective Parent Training for Mentally Retarded Children and Their Parents.</u>

PUBLICATIONS:

REFEREED JOURNAL ARTICLES:

Samenow, C, Swiggart, B, Blackford, J, **Fishel, P.T.**, et al (2007) A CME Course Aimed at Addressing Disruptive Physician Behavior. *The Physician Executive*. 34 (1). Jan/Feb, 2008

Farinaro, M.L., **Fishel-Ingram, P**, Cross, A & Harris, L. (2004) Reduction of self-injurious behavior among Inpatient adult psychiatric patients. *Quest: QI Project's 20th Anniversary Case Study Collection*, 46-52

Fishel-Ingram, P. (2002) Book Review on Understanding Managed Care: An Introduction for healthcare Professionals, in *The Journal of Clinical Psychiatry*, 63:0, 1.

Ingram, F., Greve, K.W., **Fishel-Ingram, P.T.**, & Soukup, V.M. (1999) Temporal stability of the Wisconsin Card Sorting Test in an untreated patient sample. *British Journal of Clinical Psychology*, 38, 209-211

Ingram, F., Henke, K.G., Levin, H.S, **Fishel-Ingram, P.T.** & Kuna, S.T. (1994). Sleep apnea and vigilance Performance in community dwelling older adults. *Sleep*, 17, 248-252

Rodrigue, J.R., Geffken, G.R., Clark, J.E., Hunt, F., **Fishel, P.** (1994). Parenting Satisfaction and Efficacy Among Caregivers of Children with Diabetes. *Children's Healthcare*, 23 (3), 181-191

Stone, W.L., Lemanek, K.L. & **Fishel, P.T.** (1993). Parent-child interactions in handicapped preschoolers: The relation between parent behaviors and compliance. *Journal of Clinical Child Psychology* 22(1),68-77.

Stone, W.L., Lemanek, K.L. & **Fishel, P.T.**, Fernandez, M., and Altemeir, W. (1990). Play and imitations Skills in the Diagnosis of Autism in Young Children. *Pediatrics*, 86(2), 267-272