CURRICULUM VITAE P. TOBI FISHEL, PH.D.

PERSONAL INFORMATION:

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EDUCATION AND PROFESSIONAL APPOINTMENTS

EDUCATION:

1984	Bachelor of Arts, (Psychology) Binghamton, NY
1990	Doctorate (Clinical Psychology) University of Miami, FL

POST-GRADUATE TRAINING:

HONORS, AWARDS:

Dozier Teaching Award, Outstanding teacher of child Psychiatry Fellows
Co-Teacher of the Year, Adult psychiatry
"The Dough Case Memorial Award" for Outstanding Volunte Commitment to the Florida Diabetes Camp.
Outstanding Young Woman of America Award
Chair and Graduate Advisory Group Award
Graduate Teaching Assistant of the Year
Elected to Phi Beta Kappa
Outstanding Academic Honors
President of Psi Chi
Regent's Scholarship

ACADEMIC APPOINTMENTS:

1996-1998	Consultant, Outpatient Psychiatry	University of Texas Medical Branch
1997-1998	Assistant Professor	University of Houston, Texas
1998-2013	Assistant Professor	Vanderbilt University School of Medicine
2013-2016	Associate Professor	Vanderbilt University School of Medicine, Departments of Psychiatry, Pediatrics, Physical Medicine and Rehabilitation, Psychology
2016 – Present 2016 – Present	Adjunct Instructor Associate Professor, Director Residency Wellness	USC, School of Social Work USC, Pediatrics, GME Office

TEACHING

DIDACTIC TEACHING:

USC, UCLA and	Vanderbilt Medical School		
Year-Year	Course Name	Units/Hrs	Role
2020	Integrative Med and Pain		USC Master's in Pain Medicine
2017-2021	Pediatric Integrative Med		Faculty for Peds Elective
2017-2018	Advanced Trauma		Instructor, USC School of Social Work
2017-2021	Integrative health seminars		Guest, Masters of Public Health
2016	Integrated Care		Instructor, USC School of Social Work
2016	The heart of Integrative		Invited Seminar Facilitator for USC
	Medicine		nd UCLA, integrative medicine
			Ifellowship and family medicine
2000 2015	Veerly Cominers with poin		residency
2009-2015	Yearly Seminars with pain fellows, internal medicine		Vanderbilt Medical Shool
	residents, pyschiatry		
	residents and psychiatry child		
	fellows on mindfulness and		
	integrative medicine		
2004-2009	Intercession on coping with		Vanderbilt First year medical students
	Chronic Illness, Diabetyes as		
	Focus, Small group facilitation		
	director,		
2003-2007	Patient, Profession, and		Vanderbilt medical School, Vanderbilt
	Society, Course Director,		First Year medical Students
2015-Present	Consultant to National		Teaching seminars to medical
	Integrative Centers		professionals at UCLA and USC
			medical schools

CME COURSES DEVELOPED

2008-2015 Distressed Physician Course	Developed and facilitated an Emotional Intelligence, Mindfulness, leadership workshop offered over 6 month period, three times a year for disruptive/distressed Physicians from around the USA and Canada
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SERVICE

MEDICAL SCHOOL SERVICE:

Year-Year 2019-present 2018	Position, Committee HSC Wellness Council Planning committee, curriculum	<i>Organization/Institution</i> Keck and all HSC campus Keck Medical School
2011-2015	Medical Advisory Board Member – Vanderbilt Cancer Wellness Program	Medical School Service
2009-2015	Faculty Advisor to Compassion Advisory Panel for integrative medicine endeavors at Osher Center	
2009-2015	Vanderbilt Pediatric Diabetes Advisory Board Member	
2004-2006	Vanderbilt School of Medicine Admissions Committee	
2001-2006	The Flying Pig Development Committee Chair: coordinate team efforts in the development of the child/teen portion of the family resource center of Vanderbilt's Children's Hospital	
2012-2015	Appointed to Task Force for Board of Integrative Pain Medicine, Physician Competencies in Pain Medicine, Mental health Representative	

PROFESSIONAL SERVICE:

Year-Year	Position, Committee	Organization/Institution
2005-2008	TPA Board Member	Tennessee Psychological Association

CONSULTANTSHIPS AND ADVISORY BOARDS:

Year	Position, Board	Organization/Hospital/School, Institution
2011-2013	Co-Chair, Clinical Committee	Consortium of Academic Health Centers of Integrative Medicine
2015-2016	Medical/Health Advisory Board	Pain Free Kids
2015-Present	Advisory Member	Acupuncture for the Underserved, Einstein Medical School
2016-Present	Steering Committee	Institute for Integrative Health, USC

PROFESSIONAL SOCIETY MEMBERSHIPS:

Year- Year Society

2001 - Present Art and Soul Cooperative Art Studio American Diabetes Association Nashville Psychotherapy Institute Tennessee Women in Medicine Society American Association of Medical School Psychologists National register of Psychologists Body-Centered Psychotherapy Association Academy of Integrative Medicine and Health International Network for Integrative Mental Health Consortium of Integrative Medicine and Health

COMMUNITY SERVICE:

Year-Year	Position	Organization/Institution, City,	Role or Activity
2010 – 2015	Founder	Sound and Music Healing for the Community	Founder and Facilitator
2015-present	Member	Elephant Guardians	Active Member to Free Elephants in Captivity

RESEARCH AND SCHOLARSHIP

MANUSCRIPT REVIEW:

Year-Year	Journal
2011-Present	JoEuchintaant <u>Explorer</u> , Guesto Eeronhiado n <u>Explorer</u>

MAJOR AREAS OF RESEARCH INTEREST

Research Areas

- 1. Integrative Medicine and Health
- 2. Chronic Illness and Trauma
- 3. Physician Wellness

INVITED GRAND ROUNDS, CME LECTURES

<i>Year</i> 2021	<i>Type</i> Mental Health and Covid	<i>Title, Location</i> Invited Speaker, U of Arizona Med School Grand Rounds
2020 2019 2019 2019 2019	Physician Health Spirituality and Health Guided Imagery GME Wellness	Invited Speaker, IIHW Integrative Medicine Conference All Day Workshop, IM4US Conference, Santa Clara, California Workshop, IM4US Conference, Santa Clara, California Grand Rounds, Internal Medicine, USC, Los Angeles, California
2019 2018 2018	GME Wellness Spirituality and Health Spirituality and Health	Grand Rounds, Psychiatry, Tulane University, New Orleans, USA
2017 2017	Spirituality and Health Physician Wellness	Grand Rounds, Internal medicine, USC
2017 2017	It Takes a Village Functional Restoration and Pain	Invited Speaker for USC Pain Conference Invited Speaker to USC Pain Conference, Plenary Speaker
2017	Mindfulness and Pain	Invited Speaker to USC Pain Conference
2016 2016	Spirituality and Health Sound and Music Healing	Invited Speaker for Irvine's Samueli Institute Women's Health Conference Invited Speaker for USC's Integrative Medicine Conference
2015	Integrative Approaches to Chronic Pain	Invited Speaker, Regional Pain Conference Sponsored by USC
2015	Sound and Music Healing	Consortium of Integrative Medicine and Health, Finding Your Rhythm
2015	Mindful eating and Body Image	JDRF Type One Nation Summit, Seminars, Nashville TN
2014	Role of Health Psychology and Integrative Medicine	Albuquerque, New Mexico
2014	Sound and Music Healing	Invited speaker, SIMPLE conference, Albuqerque NM
2014	Behavioral Medicine and Health	Invited Speaker, TN Innovation of Health Care, Insurance Carriers in TN
2014	It's All About Community	The critical role of behavioral medicine in creating a successfula nd effective integrative health center; USC

2011 Sourself, Mindfulness- based emotional intelligence; 3 day retreat for Veterans Administration Grand Rounds, Jackson, TN 2014 Integrative Medicine and Chronic Pain Grand Rounds, Lakonon Medical Center, TN 2014 Chronic Pain and Integrative Medicine Regrative Medicine Grand Rounds, Lakonon Medical Center, TN 2012 "Lving San Antonio, TX 2014 Chronic Pain Outrageous, Courageous Mindfulness San Antonio, TX 2011 Get in Prectors, Path for Compassion, Courageous Mindfulness Invited speaker for Psychology Doctoral Students, The Carlos Albizy University, San Juan Puerto Rico 2011 Cet in Highs And Lows Of Blood Sugar Invited speaker for Psychology Doctoral Students, The Carlos Albizy University, San Juan Puerto Rico 2011 Coping With The Highs And Lows Of Blood Sugar Invited Speaker, Regional JDRF Conference for Parents and Teens Highs And Lows Of Blood Sugar 2010 Mindful Eating In the Family American Holistic Medical Association and International College of Integrative Medicine, Nashville, TN 2020 Coping with Diabetes Related to Coping With Chronic Illess Speaker, JDRF 2030 Grand Rounds: Related to Coping With Chronic Illess Nashville Psychotherapy Institute, Nashville, TN 2040 Outragative Attachment Disorder Vanderbilt Children's Hospital, Nashville, TN <th> yourself, Mindfulness- based emotional intelligence: 3 day retrierat for Veterans Administration Integrative Medicine and Chronic Pain Chronic Chronic Chronic Pain Chronic Chronic Chronic Pain Chronic Chronic Chron</th> <th>-</th> <th>2014</th> <th>Search inside</th> <th>Chief Medical Officers of the Southern region, Mississippi</th>	 yourself, Mindfulness- based emotional intelligence: 3 day retrierat for Veterans Administration Integrative Medicine and Chronic Pain Chronic Chronic Chronic Pain Chronic Chronic Chronic Pain Chronic Chronic Chron	-	2014	Search inside	Chief Medical Officers of the Southern region, Mississippi
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1997	TLMFT Conference, Chronic Illness and the Family	
1989	Compliance in handicapped preschoolers: The relationship between parent behavior and child characteristics.	Paper presented at the Gatlinburg Conference on Research and Theory in Mental Retardation and Developmental Disabilities, Gatlinburg, TN.
1988	Communication and play behaviors in handicapped preschoolers	Paper presented at the annual meeting of the South Eastern Psychological Association, New Orleans, LA.
1987	Play and imitative skills in autistic and other handicapped preschoolers	Paper presented at the annual meeting of the American Psychological Association, New York, NY.
THESIS:		

Year	Degree	Institution	Title
1990	Ph.D.	University of	A Comparison of The Effectiveness of Behavioral
		Miami	Parent Training Versus Affective Parent Training for
			Mentally Retarded Children and Their Parents.

PUBLICATIONS:

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Stone, W.L., Lemanek, K.L. & **Fishel, P.T**, Fernandez, M., and Altemeir, W. (1990). Play and imitations Skills in the Diagnosis of Autism in Young Children. Pediatrics, 86(2), 267-272