

CURRICULUM VITAE

Date Prepared: 30 June 2020

NAME: Lewis Mehl-Madrona

ADDRESS: Family Medicine Residency
Eastern Maine Medical Center
895 Union St., Suite 12
Bangor, ME 04401Home address:
P.O. Box 277
Orono, Maine 04473CURRENT POSITIONS: Faculty, Family Medicine Residency,
Eastern Maine Medical Center, Bangor
Executive Director, Coyote Institute, Orono, ME

EDUCATION:

<u>DATE</u>	<u>INSTITUTION</u>	<u>DEGREE</u>
2015-present	University of Maine System, Orono, ME	Coursework
2015	Sitting Bull College, Fort Yates, ND	Coursework
2004-2007	Narrative Psychology, Department of Psychology, Massey University, Palmerston North, New Zealand.	Post-graduate diploma
2005-2008	Epidemiology Coursework, University of Saskatchewan,	Coursework
2003-2005	Biostatistics and Systems Engineering Coursework	
1988-1990	University of Arizona,	Coursework
1977-1980	Clinical Psychology, Psychological Studies Institute, Palo Alto	Ph.D.
1972-1975	Stanford University School of Medicine	M.D.
1970-1972	Indiana University, Bloomington, IN	B.A.
1968-1970	Miami University, Oxford Ohio	None

POSTDOCTORAL TRAINING:

<u>DATE</u>	<u>SPECIALTY</u>	<u>INSTITUTION</u>
1994-1996	Psychiatry	University of Vermont, Burlington.
1992-1993	Family Medicine	University of Vermont, Burlington.
1991-1992	Family Medicine	University of Texas Hospitals, Houston
1990-1991	Alcohol Research Post-doctoral Fellowship	U.C. at Berkeley Public Health and Prevention Research Center, Berkeley, CA
1982	Psychiatry	St. Mary's Hospital, San Francisco,
1976-1977	Psychiatry	University of Wisconsin, Madison
1975-1976	Family Medicine	University of Wisconsin, Madison

LICENSURE AND CERTIFICATION:

<u>DATE</u>	<u>LICENSURE/CERTIFICATION</u>
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1999--2029	Diplomate in Psychiatry, American Board of Psychiatry and Neurology.
1993--2028	Diplomate in Family Medicine, American Board of Family Medicine.
2014--2021	Diplomate in Integrative and Holistic Medicine, American Board of Integrative and Holistic Medicine
1996--2019	Added Qualifications in Geriatric Medicine American Boards of Family Medicine and Internal Medicine (Extended to 2020 due to Coronavirus).
1976--1978	Wisconsin State Licensure
1977--Present	California State Licensure, M.D.
1985--1990	California Psychologist License, Ph.D.
1988--1999	New Mexico State License, M.D.
1991--Present	Vermont State License, M.D.
1992--Present	New York State License, M.D.
1996--Present	Hawaii State License, M.D.
1997--2009	Pennsylvania State License, M.D.
2002--2008	Arizona State License, M.D.
2005--2010	Provisional Provincial Medical License, Saskatchewan, M.D.
2013--Present	Maine State Medical License, M.D.

ACADEMIC APPOINTMENTS:

<u>DATE</u>	<u>ACADEMIC TITLE</u>	<u>INSTITUTION</u>
2017- present	Clinical Assistant Professor of Psychiatry	University of Vermont College of Medicine
2014- present	Clinical Associate Professor of Family Medicine	University of New England College of Osteopathic Medicine Bangor Campus and Biddeford, Maine
2015- present	Faculty, Eastern Maine Family Medicine Residency Bangor, Maine	Eastern Maine Health Systems
2013- 2015	Director, Geriatric Medicine and Fellowship and Faculty, Family Medicine	Dartmouth-Maine Family Medicine Residency in association with Department of Family and Community Medicine, Dartmouth University School of Medicine, Hanover, NH
2010- 2013	Core Faculty and Director of Research	Department of Psychology
2013- 2015	Adjunct Faculty	Union Institute & University Brattleboro, VT
2008-2011	Clinical Assistant Professor	Department of Family Medicine, University of Hawai'i School of Medicine, Honolulu,
2005-2010	Associate Professor,	Department of Family Medicine, Psychology, Graduate Studies, and Psychiatry, University of Saskatchewan, Saskatoon, Canada
2000-present	Adjunct Professor	Department of Sociology and Anthropology, Johnson State College, Johnson, VT
1997-2000	Research Assistant Professor	Native American Research and Training Center, University of Arizona
1990-1992		

1988-1990	Research Lecturer	Department of Family and Community Medicine, University of Arizona College of Medicine
2001-2004	Research Lecturer	Department of Medicine, University of Arizona College of Medicine.
2004-2005	Assistant Professor	Department of Psychiatry, University of Arizona College of Medicine
1997-2002	Clinical Assistant Professor	University of Pittsburgh School of Medicine; Department of Family Practice and Epidemiology. Pittsburgh, PA
1992-1996	Research Assistant Professor	Department of Psychiatry University of Vermont College of Medicine Burlington, Vermont
1996-1997	Associate Professor	Department of Family Practice
2008-2011	Clinical Assistant Professor	University of Hawaii School of Medicine, Honolulu, Hawaii
1982-1989	Clinical Assistant Professor	Division of Family Medicine Department of Medicine Stanford University School of Medicine Stanford, California

HOSPITAL APPOINTMENTS:

<u>DATE</u>	<u>HOSPITAL TITLE</u>	<u>INSTITUTION</u>
1976-1977	Emergency Room Physician	St. Joseph's Hospital, Milwaukee.
1977-1983	Medical Staff, Department of	General Practice, Mt. Zion Hospital, San Francisco,
1981-1985	Medical Staff and Emergency	Physician, Kaiser Hospital, Sacramento, California,
1982-1986	Emergency Physician	Yolo County Medical Center, Woodland, CA Davis Community Hospital, Davis, CA.
1991-1997	Emergency Physician	Southeastern New Mexico Emergency Physicians, postings to: Eastern New Mexico Hospital, Roswell, NM Holy Cross Hospital, Taos, NM Clovis High Plains Hospital, Clovis, NM Lea Regional Hospital, Hobbs, NM
1992-1996	Emergency Physician	Northwestern Medical Center, St. Albans, Vermont,
1992-1996	Emergency Physician	Champlain Valley Physicians Hospital, Plattsburgh, New York.
1996-1997	Attending Physician	Wahiawa General Hospital, Wahiawa, Hawaii, Practice and psychiatry privileges
1997-2003	Attending Physician	Department of Family Practice, Department of Emergency Medicine, Department of Psychiatry, University of Pittsburgh, Shadyside Hospital, Pittsburgh, PA
2000-2003	Attending Physician	Department of Family Medicine, Beth Israel Hospital, New York, NY, 2000-2003.
2004-2005	Attending Physician	Department of Psychiatry, University Physicians

2005-2010	Attending Physician	Hospital, Tucson, Arizona. Department of Family Medicine and Department of Psychiatry, Saskatoon Health Region, Saskatoon, Saskatchewan, Canada, (Royal University Hospital, St. Paul's Hospital, Saskatoon City Hospital).
2005-2010	Attending Physician	Department of Psychiatry, Athabasca Health Region and Hospital, Stony Rapids, Saskatchewan (through Northern Medical Services)
2010-2011	Attending Physician	Department of Psychiatry, Rochester General Hospital, Rochester, New York.
2011-2016	Affiliate Medical Staff	Brattleboro Memorial Hospital, Vermont.
2011-2013	Attending Physician (Internal Medicine)	Brattleboro Retreat
2013-2016	Attending Physician	Family Medicine (including OB) and Psychiatry, Maine General Medical Center, Augusta, Maine.
2015-Present	Attending Physician	Family Medicine (including OB) and Psychiatry, Eastern Maine Medical Center, Bangor, Maine
2015-Present	Attending Psychiatrist	Acadia Hospital, Bangor, Maine
2017-Present	Attending Psychiatrist	Mercy Hospital, Portland, Maine
2017-Present	Attending Psychiatrist	The Aroostok Medical Center, Presque, Isle, Maine
2017-Present	Attending Psychiatrist	Sebasticook Valley Hospital, Pittsfield, Maine

OTHER PROFESSIONAL POSITIONS:

<u>DATE</u>	<u>POSITION TITLE</u>	<u>INSTITUTION/ORGANIZATION</u>
2008 to present	Executive Director and Board Member	Coyote Institute, Orono, Maine
2014 to 2018	Board Member	International Association for Integrative Mental Health
2016 to present	Medical Consultant	Wabanaki Health and Wellness, Bangor, ME
2014 to 2018	Board Member	Maine Dirigo Geriatrics Association
1980 to 1998	Executive Director and Board Member	Resources for World Health, San Francisco, CA and Tucson, AZ

MAJOR COMMITTEE ASSIGNMENTS AND CONSULTATIONS:

National/International:

<u>YEAR</u>	<u>COMMITTEE</u>	<u>ROLE</u>	<u>INSTITUTION</u>
2007 – 2009	Residency Training Revision Committee	Member	Royal College of Physicians and Surgeons of Canada
2008 – 2010	Committee on Aboriginal Health and Medical Education	Member	Association of Canadian Universities
2010 – 2016	Board of Directors	Member	International Integrative Mental Health Association

Regional:

<u>YEAR</u>	<u>COMMITTEE</u>	<u>ROLE</u>	<u>INSTITUTION</u>
2006 – 2009	Mental Health Awareness		Prince Albert Grand Council, Sask.

2013 – 2018	Task Force of the Northern Health Strategies Working Group Board of Directors	Member	Dirigo Maine Geriatrics Society
2014 – 2020	Board of Advisors	Member	SAGE (Geriatrics Society), Woodstock, NY

Institutional:

<u>YEAR</u>	<u>COMMITTEE</u>	<u>ROLE</u>	<u>INSTITUTION</u>
2016 – Present	Geriatrics Committee	Member	Eastern Maine Medical Center
2015 – Present	Medical Executive Committee	Member	Acadia Hospital, Bangor
2014 – 2015	Ethics Committee	Member	Maine General Medical Center
2012 – 2014	Institutional Review Board	Member	Union Institute & University
2013 – 2015	Education Committee	Member	Maine Dartmouth Fam. Med.
2013 – 2015	Long Committee	Member	Maine Dartmouth Fam. Med
2014 – 2015	Geriatrics Steering Committee	Member	Maine General Med. Ctr.
2009 – 2010	Evaluation Committee	Chair	Argosy University Hawaii
2009 – 2010	Student/Staff Satisfaction Committee	Member	Argosy University Hawaii
2006 – 2009	Admissions Committee	Member	University of Saskatchewan College of Medicine
2006 – 2010	Aboriginal Affairs Committee	Member	University of Saskatchewan College of Medicine
2005 – 2010	Committee on Visible Minorities	Member	University of Saskatchewan

MEMBERSHIP, OFFICE & COMMITTEE ASSIGNMENTS IN PROFESSIONAL SOCIETIES:

<u>DATE</u>	<u>SOCIETY</u>	<u>ROLE</u>
2010 – 2018	International Integrative Mental Health Association	Member, Board of Directors
1996 – 2020	American Psychiatric Association	CAM Caucus Member

EDITORIAL BOARDS:

<u>DATE</u>	<u>ROLE</u>	<u>BOARD NAME</u>
2009—present	Member, Reviewer	Permanente Medical Journal
2009 – present	Reviewer	Journal of Complementary and Alternative Medicine

AWARDS AND HONORS:

<u>DATE</u>	<u>AWARD NAME</u>
March 2018	Elected, Distinguished Fellow of the American Psychiatric Association
March 2016	Physician of the Year Award, Acadia Hospital
February 2016	Science Educator of the Year Award, International Hypnosis Federation
October 2008	Annual “Honored Scholar” for the Society for the Anthropology of Consciousness, annual meeting of the American Anthropology Association, San Francisco.
September 2008	Legislative Proclamation of Acknowledgement, City of Kansas City, Missouri, for work with Native people,
November 1999	David Cheek Award for Lifetime Contributions in Perinatal Psychology, Association for Pre- and Perinatal Psychology, 1999.

1994-1995	PGY4 Representative to Residency Training Committee, University of Vermont, Department of Psychiatry, 1994-95.
October 1994	Cover photo and story, Archives of Family Medicine.
July 1993	American Academy of Family Practice, Excellence in Research as a Family Practice Resident Award
August 1993	Best workshop presentation, Society of Teachers of Family Medicine, NE regional meeting, Akron, Ohio, 1993.
1992-1993	Pre- and Perinatal Psychology Association, 1992-3 Member, Board of Directors.
1976-1977	American Psychiatric Association/National Institute of Mental Health Minority Fellowship Award, 1976-77.

Other Activities:

Books Published:

1. Mehl, L.E. and Peterson, G.H. (1984). *Pregnancy as Healing: holistic philosophy for prenatal care.* Berkeley, CA: Mindbody Press.
2. Mehl, L.E. and Peterson, G.H. (1985). *Cesarean Birth: Risk and Culture*, volumes 1 and 2. Berkeley: Mindbody Press.
3. Mehl, L.E. (1986). *Mind and Matter: Holistic approaches to chronic disease.* Berkeley: Mindbody Press.
4. Mehl-Madrona, L.E. [Coyote Medicine](#): Lessons for Healing from Native America. New York: Simon and Schuster, February, 1997; Paperback; Firestone, 1998.
5. Mehl-Madrona LE. *Coyote Healing: Miracles of Native Medicine.* Rochester, VT: InnerTraditions/Bear and Co, 2003.
6. Mehl-Madrona L. *Coyote Wisdom: Storytelling and Healing Wisdom.* Rochester, VT: InnerTraditions/Bear and Co., 2005.
7. Mehl-Madrona L. *Narrative Medicine: the use of history and story in the healing process.* Rochester, VT: InnerTraditions/Bear and Co., 2007.
8. Mehl-Madrona L. *Healing the Mind through the Power of Story: the Promise of Narrative Psychiatry.* Rochester, VT: InnerTraditions/Bear and Co, 2010.
9. Mehl-Madrona L, Mainguy, B. *Remapping the Mind: The Neuroscience of Self-Transformation through Story.* Rochester, VT: InnerTraditions/Bear and Co., 2015.

PAPERS IN NON-REFEREED JOURNALS

1. Mehl, L.E.(1990). In Search of Pele on Hawaii, Tucson Lifeline, March.
2. Mehl, L.E. (1991). The Healing Power of Ritual. East-West Journal June issue.
3. Mehl, L.E. (1990). Bioenergy Healers in Yugoslavia. Tucson Lifeline, October.
4. Mehl-Madrona L. (1996). Coyote Medicine: Lessons from Native America for conventional health care. Healthy and Natural. October issue.
5. Mehl-Madrona L. (1997). Call Me Coyote. Natural Health, April issue.
6. Mehl-Madrona L and Samson W. (1998). Alternative Medicine under the Microscope: A debate. Natural Health, April issue.
7. Mehl-Madrona L. (2004). Autism. Mothering Magazine.
8. Mehl-Madrona L. (2008). Hypnosis and Birth. Mothering Magazine
9. Mehl-Madrona L. (2008). Traditional North American healing methods. The Art of Healing (Australia).

10. Mehl-Madrona L. (2008). What do shamans and neurofeedback practitioners have in common? *Journal of California Biofeedback Society*.
11. Mehl-Madrona L. (2008). Stories of healing; stories are healing. Healing Stories Alliance.
12. Regular (weekly) health-related blogging at <http://www.futurehealth.org> and/or <http://www.opednews.com>

INVITED PAPERS IN PUBLISHED CONFERENCE PROCEEDINGS AND ABSTRACTS

1. Mehl, Palu, and Kennedy. Statistical Outcomes of Elective Home Delivery; comparisons with the Chicago Maternity Center and implications for screening. *Proceedings of the American Sociological Association, Chicago, 1977.*
2. Mehl, Merz, Brendsel, Murphy, and Benton. (1977). Models for Delivery of Home Birth Services; Structure, Politics, and evaluation. Presented at the American Public Health Association..
3. Mehl, L.E. (1978). An Overview of the Home Birth Controversy. Mehl. Year of the Child Conference, Albuquerque.
4. Risk Factors in Low-Risk Childbirth; elective procedures and outcomes. Mehl, Ramiel, Hoff, Leininger, and Peterson. *American Public Health Association Abstracts, 1979.*
5. Mittal S, Mehl L, Fuentes F. Predicting the Time of Myocardial Infarction among Hispanic and Other Caucasians. *American Journal of Cardiology, March, 1992.*
6. Mehl-Madrona L. Systems Dynamics Computer Simulation Modeling for Predicting Risk for Childbirth. *Proceedings of the IASTED International Conference: Modeling, Simulation, and Control, Innsbruck, Austria, Vol. II, Feb. 19-22, 2001, pp. 575-578, Calgary: ACTA Press, 2001.*
7. Mehl-Madrona L, Lewis D, Lewis S, Brooks A, Ferrell S, Bell I, Schwartz G. (2003). Effects of participation in a Lakota prayer ceremony on Quantitative EEG, presented at the Society for Neuropsychological Research, Houston, TX, September, 2003.

1. TECHNICAL REPORTS RELEVANT TO ACADEMIC FIELD

None

MAJOR RESEARCH INTERESTS:

I am interested in mind-body-spirit-environment interactions within complex systems from a narrative framework, especially in terms of producing and maintaining health and disease. Being Native American (aboriginal), I am especially interested in cross-cultural studies and how culture as context embeds health and illness within it. I am interested in mathematical computer modeling as a means of integrating information in medicine and biology, aiding clinical decision making, and improving patient care and treatment evaluation. Regarding treatments, I am interested in how human systems and interactions change disease, and in how spirituality affects health and wellbeing. Within this context, I try to approach topics from an indigenous perspective, asking, how would indigenous people pursue this research topic if it had arose solely within their perspective.

I have received grant money from the American Foundation for Maternal and Child Health, New York; FGN, Inc., Tucson, Arizona; HCA, Inc., Nashville, TN; the California State Health Department; multiple private donors; Shadyside Foundation; Richmond Foundation; Audrey Hillman Fisher Foundation; Ladies Hospital Aide Society of Pittsburgh; Department of Defense; U.S. Steel, Dorrance Family Foundation, Beckwith Foundation, Crocker Family Foundation, Maine Community Foundation, Eastern Maine Medical Center Foundation, Foundation for Excellence in Mental Health I have been co-investigator on NIH grants. I have worked on others' grants from NIDA, NIMH, NIH.

RESEARCH FUNDING:

Past:

1. Mehl-Madrona (PI) 2005-2006 \$25,000
 University of Saskatchewan Faculty Development
 Shared Care between Family Physicians and Psychiatrists for Mental Health.
 Specific Aim: This grant provides start up funds to develop a clinic with family medicine and psychiatry residents for combined attention to medical and psychiatric problems of people identified with mental illness.
2. Mehl-Madrona (Coordinator) 2002-2005 \$2,500,000
 NIH Center for Biofield Sciences, awarded to Gary Schwartz, Principal Investigator
 Center Grant for Frontier Medicine in Biofield Sciences
 Department of Psychology, University of Arizona
 Specific Aims: The Center consists of three major projects, one examining the role of therapeutic touch on bacterial cultures, one examining the neurophysiology of energy transmission and receiving among humans, and the third studying the effects of Johrei healing upon recovery from coronary artery bypass surgery. I was a coordinator for this third study.
3. Mental Health Disparities. I was co-investigator (representing psychiatry) on an \$800,000 CIHR grant awarded to Lewis Williams, PhD, of the Prairie Regional Health Promotions Centre at the University of Saskatchewan for investigating mental health disparities among reserve and immigrant populations, 2005-2009.
4. I was a co-investigator for a CIHR Research Team Development grant awarded to Dr. Raymond Tempier of the Department of Psychiatry at the University of Saskatchewan, for \$100,000, where my expertise in aboriginal mental health and interventions, 2007-2009.
5. Crocker Family Foundation, \$35,000, for developing indigenous health initiatives, 2009-2011.
6. Government of Australia, Aboriginal Health Unit, \$250,000, in conjunction with the Gippsland and East Gippsland Aboriginal Cooperative and Life Is... Foundation, Cultural Exchange Programming for Gippsland's Aboriginal People and Health Care Providers, 2010-2012.
7. Co-Investigator with Jaro Kotalik, MD, on Canadian Institute for Health Research team development grant in aboriginal, geriatric ethics, 2013, \$150,000.
8. Principle Investigator, Gorman Foundation grant, Group Medical Visits for Mild Cognitive Impairment, \$12,500, 2013-2014.
9. Co-Investigator with Coyote Institute, Eastern Australia Clinical Health, and Life Is... Foundation, \$50,000, Aboriginal Mental Health Trainings and Initiatives, Victoria, Australia, 2013-2014.
10. 2016 – 2018, American Academy of Family Practice, \$50,000, Grant to Jessica Bloom-Foster, My role: Co-Investigator. Assessment of brief mindfulness training for opiate use disorder patients receiving medication assisted treatment.
11. 2017 – 2020, Foundation for Excellence in Mental Health, \$346,500, Principle Investigator, Efficacy of Micronutrients as adjunct therapy for bipolar disorder. Specific Aims: Determine if improved nutrition through micronutrient and fish oil supplementation can reduce symptom load in bipolar disorder while allowing maintenance medication doses to be decreased, with fewer side effects.

12. 2018 – 2021, National Institute of Drug Abuse, \$1,000,000, Principle Investigator, Dr. Ben Huerth, My role: Co-Investigator, Development of telemedicine supervised medication assisted treatment programs for Maine's indigenous opiate use disorder patients.
13. 2019 – 2020, Eastern Maine Medical Center, Seed Grant, Narrative Medicine and the Doctor-Patient Relationship, \$35,000.

In Preparation:

Josiah Macy Foundation, \$35,000, Curriculum Development for Narrative Medicine

TEACHING EXPERIENCE/CURRENT TEACHING RESPONSIBILITIES:

- | | |
|-----------------|--|
| 2015 to present | Teaching online courses for Coyote Institute Narrative Studies Program |
| 2015 to present | Residency Faculty, Eastern Maine Medical Center Family Medicine Residency, Bangor, Maine |
| 2014 to present | Associate Professor of Family Medicine, University of New England College of Osteopathic Medicine, Bangor Campus and Biddeford, Maine, teaching family medicine and psychiatry. |
| 2013 to 2015 | Director, Geriatric Fellowship, teaching medical students, residents, and fellows regarding geriatric medicine, including students from Dartmouth, along with general family medicine teaching (outpatient, inpatient, obstetrics, psychiatry). |
| 1997 to 2018 | Adjunct Faculty in Sociology and Anthropology, Johnson State College, Johnson, Vermont |
| 2009 to 2013 | Core Faculty, Union Institute & University, Brattleboro, Vermont, Clinical Psychology, teaching courses in statistics, dissertation research, research design, biological basis of brain and behavior, clinical hypnosis, professionalization, and supervising dissertation research. |
| 2013 – 2016 | Adjunct Faculty, Union Institute & University, Brattleboro, Vermont, co-teaching statistics, biological basis of behavior, and supervising dissertation research. |
| 2009 – 2010 | Argosy University Honolulu: Classes in Statistics, Quantitative Methodology, Neuropsychological Assessment, Psychopharmacology, Advanced Statistics, Cognitive-behavioral therapy, Clinical hypnosis, and Narrative Psychotherapy. |
| 2009 – 2010 | Clinical Faculty, University of Hawaii School of Medicine, Research supervision and outpatient precepting. |
| 2008 – 2011 | Southwestern College, Santa Fe, New Mexico; Director, Program in Community-Based, Cross-Cultural Health and Healing (on-line, Master's level, certificate program); Teaching classes in Indigenous Models of Mind and Mental Health, Indigenous-Friendly Therapies, Indigenous Ethics, Cross-Cultural Medicine. |
| 2005 – 2009 | University of Saskatchewan: Political Science 302 (Indigenous Knowledge Systems); Psychology 380 (Traditional Cultural Healing), Psychology 480 (Aboriginal Models of Mind and Mental Health), Medical Student Interviewing, Physical Diagnosis; supervision of family medicine and psychiatry residents and medical students, mentoring of first year medical students. |
| 2002-2005 | Teaching of medical students and residents, University of Arizona, Department of Psychiatry, Inpatient Psychiatry and teaching Integrative Medicine. |
| 1997 – 2000 | Complementary Medicine to medical students, nursing students, and residents in medicine, family practice and psychiatry, University of Pittsburgh |
| 1996 | Inpatient attending, Family Practice Inpatient Service, University of Hawaii with lectures on inpatient medicine and obstetrics and pediatrics topics; outpatient |

- preceptor.
- 1988 Statistics and Research Methods, Antioch University, San Francisco
- 1986 – 1988 Neuropsychology, Antioch University, San Francisco and Rosebridge Institute, Walnut Creek, CA
- 1983 – 1987 Ethnic Issues in Health Care and Behavioral Medicine, Stanford University School of Medicine
- 1980 – 1987 Psychosomatic Medicine, California Institute of Integral Studies, San Francisco, Rosebridge Institute, and Psychological Studies Institute, Palo Alto.
- 1980 – 1986 Native American Medicine and Ethnopharmacology, Stanford University.
- 1980 – 1984 Psychopharmacology, Neuropsychology, Quantitative Methods, Rosebridge Institute.

Previous Teaching Appointments

Clinical Assistant Professor, Department of Family Medicine, University of Hawai'i School of Medicine, Honolulu, 2008-2011.

Associate Professor, Department of Family Medicine, Psychology, Graduate Studies, and Psychiatry, University of Saskatchewan, Saskatoon, Canada (2005 – 2009).

University of Arizona College of Medicine
 Research Assistant Professor (1990-1992; 1997-2000)
 Research Lecturer (1988-1990) Department of Family and Community Medicine, and
 Research Lecturer (2001-2004) Department of Medicine, and
 Assistant Professor of Clinical Psychiatry (2004-2005)

Clinical Assistant Professor (1997-2002)
 University of Pittsburgh School of Medicine
 Department of Family Practice and Epidemiology
 Pittsburgh, PA

Research Assistant Professor (1992-1996)
 Department of Psychiatry
 University of Vermont College of Medicine
 Burlington, Vermont

Associate Professor (1996-1997); Clinical Assistant Professor (2008 - 2010)
 Department of Family Practice
 University of Hawaii School of Medicine
 Honolulu, Hawaii

Clinical Assistant Professor (1982-1989)
 Division of Family Medicine
 Department of Medicine
 Stanford University School of Medicine
 Stanford, California

THESES SUPERVISED

Dissertations from 1975-1985, Psychological Studies Institute, California School of Professional Psychology, California Institute of Integral Studies, Saybrook Institute, Fielding Institute, Antioch University, most centered on mind-body inter-relations in health and disease.

Ph.D. Thesis, Richelle Gibson, Pacifica Graduate School, Depth Psychological Evaluation with Reflexive

Methodology, 2009.

Psy.D. Clinical Research Project, Automatic Thoughts and Obesity, Michael Pickren, Arogy University, 2010.

Ph.D., Education, Ontario Institute for the Study of Education, University of Toronto, Rene Linklater, Indigenous Elders and their Approaches to Healing in a Modern World, 2011.

Psy.D. Dissertation, Joseph Behler, Union Institute & University, Qualitative Study of Peer-Support Groups for Persons with Mood Disorders, 2012.

Psy.D. Dissertation, Michele Croce, Aging Out of Foster Care: What happens to these youth?, Union Institute & University, 2013.

Psy.D. Dissertation, Joanna Prococcina, Training teachers to recognize ADHD/ADD in elementary school populations, Union Institute & University, 2013.

Psy.D. Dissertation, Renee Desmarais, Evaluation of a Role for Reiki in preventing therapist burn-out in community mental health, Union Institute & University, 2014, in process.

Psy.D. Dissertation, Julie Aste, Effect of exposure to patient illness narratives and training in narrative competency on family medicine resident's perception of difficult patients, Union Institute & University, 2014, in process.

Psy.D. Dissertation, A.J. McConnell, Effects of having a neurodevelopmentally challenged child on parent's quality of relationship and agreement in parenting practices, Union Institute & University, 2014, in process.

Psy.D. Dissertation, Tayeba Seikh, Autoethnographic and qualitative investigations of attitudes toward honor killings among Islamic-American first generation women. 2014, Union Institute & University.

Ph.D. Dissertation, Brian Spittles, Philosophical Foundations of Psychiatry, University of Western Australia, Perth, 2018.

SELECTED AND RECENT INVITED PRESENTATIONS:

Regional:

<u>DATE</u>	<u>TOPIC</u>	<u>ORGANIZATION</u>	<u>LOCATION</u>
October 2014	Teaching Healing within Family Medicine Residencies	Maine-New Hampshire Family Medicine Residencies	Lewiston, Maine
June 2014	Narrative and Native Americans	Rhode Island Black Storytellers Association	Providence, Rhode Island
June 2014	Cherokee Osteopathy	Oklahoma Massage Therapy Association	Norman, Oklahoma
2014-present	Course on Cherokee Osteopathy	Kripalu Center for Health and Healing	Lenox, MA
		1440 Multiversity, Scotts Valley, CA	
		University of New England College of Osteopathic Medicine, Biddeford, Maine	

2009 – present	Various trainings in narrative studies medicine, psychology, and healing.	Coyote Institute sponsored in: Hartford, Connecticut Woodstock, NY; New York City, NY; Portland, Maine; Warwick, Rhode Island
2009 – 2014	Native American healing principles applicable to all peoples; Cherokee Body Work	Kripalu Institute, Lenox, MA
2017 – 2018	15 month course on North American indigenous bodywork	Center for the Advanced Studies of the Therapeutic Arts, New York, NY
Feb. 2020	Narrative Therapy for Indigenous Youth who have attempted suicide	Coyote Institute, New York City

National:

<u>DATE</u>	<u>TOPIC</u>	<u>ORGANIZATION</u>	<u>LOCATION</u>
Sept 2014	Psychosis, Extraordinary States, Dementia, and Consciousness	International Society for the Scientific Study of Shamanism	San Rafael, CA
May 2014	Hypnosis for Chronic Pain Native American Ideas about Mental Health: Implications for Therapist Training Using Elders as Peer Counselors in Native American Mental Health	American Psychiatric Association Annual Meeting	New York City
2012 – 2015	Narrative Hypnosis for Pain Management.	American Psychiatric Association Annual Meetings	
Oct. 3-6, 2012	Symposium on Cross-Cultural Psychiatry and North American Indigenous People Symposium on Psychotherapy and Psychosis, Presentations on Psychotherapy and Bipolar Disorder and Integrating Osteopathic Medicine with Narrative Guided Imagery	Institute for Psychiatric Services of the American Psychiatric Association, Annual Meeting, New York, NY	
Feb. 19, 2012	Medical Writers and the Healing Power of Narrative	American Institute of Medical Education, annual meeting, Santa Fe, New Mexico	
Oct. 29-31, 2011	Same topic titles as Oct 3-6, 2012, different information.	Institute for Psychiatric Services, San Francisco, CA	
Oct. 15, 2011	Medical Writers.	American Institute of Medical Education Annual Conference, Boston, MA	
May, 2011	Hypnosis for Pain Management	American Psychiatric Association annual Meeting, Honolulu, Hawaii	

February, 2010	Narrative Psychiatry	American Institute of Medical Education, Santa Fe, New Mexico
Dec. 2009	Healing the Mind through the Power of Story: the promise of Narrative Psychiatry; and, Post-Conference Workshop, Narrative Medicine in Practice.	National Institute for the Clinical Application of Behavioral Medicine, Hilton Head, South Carolina
Jan. 3, 2009	Psychotherapy within Traditional Indigenous Cultures	American Institute of Medical Education Kona, Hawaii
Feb, 2009	Native American Cultural healing	American Institute of Medical Education, Santa Fe, NM
March, 2009	Reducing child and sexual abuse In Native American communities	Lummi Indian Nation, Bellingham, Washington
April, 2009	Reducing Health Disparities for Native Americans.	University of Oregon Multicultural Center, Portland, Oregon
Aug. 5, 2009	Narrative Psychotherapy and its applications to Indigenous populations.	American Institute of Medical Education Santa Fe, New Mexico
May 20, 2009	Narrative Psychotherapy	American Psychiatric Association annual meeting, San Francisco, California
Oct 23, 2009	Talking circles and healing circles; Using traditional elders to help reduce domestic violence in aboriginal communities	Collaborative Family Health Care annual conference, San Diego, California
January, 2020	Effects of age of the interviewer On the life story interview among Geriatric patients in chronic pain	The Qualitative Research Conference Nova University Southeast, Ft. Lauderdale Florida

Recent International:

<u>DATE</u>	<u>TOPIC</u>	<u>ORGANIZATION</u>	<u>LOCATION</u>
November 2020	Narrative Medicine for Family Doctors	Danish G.P. Society	Copenhagen, Denmark
October 2020	Micronutrients and Bipolar Disorder	International Society for Nutrition in Psychiatry	London England
October 2020	Narrative Medicine Training For Family Doctors	National Health Service	Cumbria, UK
March 2019	Reading a life story interview improves the doctor-patient relationship for both parties among people with chronic pain.	European Psychiatry Association	Warsaw, Poland

March 2019	Using Research Domain Criteria to teach family medicine residents how to prescribe psychiatric medications.	European Psychiatry Association	Warsaw, Poland
March 2019	Results of using a narrative therapy approach with North American indigenous people who have attempted suicide.	European Psychiatry Association	Warsaw, Poland
July 2014	Narrative Experiential Therapy For Psychosis	Recovery International and the University of Leeds	Leeds, UK
July 2014	Cherokee Osteopathy	Aberdeenshire Osteopathic Association	Inverurie, Scotland
June 2014	Chair, Symposium: Bringing Narrative Practices for Geriatrics Into Primary Care Presentation: Narrative Means For Meaning Making at the End Of Life Chair, Symposium: Narrative Methods For pain management Presentation: Group Medical Care in A narrative framework for pain Presentation: Epistemological and Ontological comparisons of narrative Inquiry and Grounded Theory	University of Paris-Diderot and The American University-Paris: Narrative Matters Conference	Paris, France
May 2014	Update on Narrative Psychotherapy	Life Is... Foundation Workshop	Canterbury Victoria
May 2014	Narrative means for suicide Prevention in aboriginal Communities	Life Is... Foundation Workshop	Canterbury Victoria Australia
May 2014	Elders as "peer" counselors for "at-risk" youth Suicide Prevention in Aboriginal Communities Strategies for incorporating Culture into health care	EACH Social and Community Health Organization Health Aboriginal Mental Health Conference	Melbourne Australia
May 2014	Strategies for using Elders in Mental Health Services Integrative Management of Memory Impairment	Department of Psychiatry University of Melbourne Grand Rounds and Workshop for Residents and Faculty	Victoria Australia
January 2014	Course on Principles of Native American Healing	Omega Institute	Nasera, Costa Rica
March 2013	Lecture and workshop on implementing narrative medicine into primary care	Danish General Practice Association, Doctor Days, Copenhagen, Denmark	.

August 2013	Presentations and workshops on dialogic approaches to voices, creative arts, and techniques from theatre in the psychotherapy of psychosis, and aboriginal understanding of psychosis.	International Society for the Psychotherapy of Psychosis, Warsaw, Poland
September 2013.	Workshop on narrative therapy in primary care.	General Practitioner Psychotherapy Group Cumbria, U.K.
November 2013	Plenary presentations on narrative approaches to voice management, dialogical therapy, aboriginal approaches to interpreting and managing voices.	International Hearing Voices Conference Melbourne, Australia
March, 2012	Indigenous approaches to voices and visions: integrating dialogical therapy with neuroscience and traditional healing.”	Victoria Hearing Voices Conference, Praham Missions and Voices Vic Melbourne, Australia
March 5, 2012	Narrative and Indigenous Approaches to Empowering Youth.	Mission Australia Youth Forum Sydney, Australia,
Nov. 28, 2011	Neuroscience of Narrative.	Medical University of Debrecen Debrecen, Hungary
Nov. 16, 2011	Indigenous approaches to fetal alcohol syndrome	Manitoba Council of Indian Friendship Centers, Fetal Alcohol Syndrome Conference Winnipeg, Manitoba
March 2010	Lectures on indigenous ethics, narrative medicine and psychiatry, and the contributions of indigenous health philosophies to health care.	Northern Ontario School of Medicine and Lakehead University, Thunder Bay, Ontario

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130. Mehl-Madrona, L. Post-Stroke Mania: A Case Series in A Rural, Community Hospital. Neurol Res Surg. 2020; 3(1): 1-4.

Reviews:

1. None

Letters to the Editor:

1. None

Abstracts:

Presented at National Meetings : None

9. PAPERS IN NON-REFEREED JOURNALS

1. Mehl, L.E.(1990). In Search of Pele on Hawaii, Tucson Lifeline, March.
2. Mehl, L.E. (1991). The Healing Power of Ritual. East-West Journal June issue.
3. Mehl, L.E. (1990). Bioenergy Healers in Yugoslavia. Tucson Lifeline, October.
4. Mehl-Madrona L. (1996). Coyote Medicine: Lessons from Native America for conventional health care. Healthy and Natural. October issue.
5. Mehl-Madrona L. (1997). Call Me Coyote. Natural Health, April issue.
6. Mehl-Madrona L and Samson W. (1998). Alternative Medicine under the Microscope: A debate. Natural Health, April issue.
7. Mehl-Madrona L. (2004). Autism. Mothering Magazine.
8. Mehl-Madrona L. (2008). Hypnosis and Birth. Mothering Magazine
9. Mehl-Madrona L. (2008). Traditional North American healing methods. The Art of Healing (Australia).

10. Mehl-Madrona L. (2008). What do shamans and neurofeedback practitioners have in common? *Journal of California Biofeedback Society*.
11. Mehl-Madrona L. (2008). Stories of healing; stories are healing. Healing Stories Alliance.
12. Mehl-Madrona, L. (2019). What can Western medicine learn from Indigenous healing? *The Positive Side*. Spring Issue.
13. Regular health-related blogging at <http://www.futurehealth.org>.

10. INVITED PAPERS IN PUBLISHED CONFERENCE PROCEEDINGS AND ABSTRACTS

1. Mehl, Palu, and Kennedy. Statistical Outcomes of Elective Home Delivery; comparisons with the Chicago Maternity Center and implications for screening. *Proceedings of the American Sociological Association*, Chicago, 1977.
2. Mehl, Merz, Brendsel, Murphy, and Benton. (1977). Models for Delivery of Home Birth Services; Structure, Politics, and evaluation. Presented at the American Public Health Association..
3. Mehl, L.E. (1978). An Overview of the Home Birth Controversy. Mehl. Year of the Child Conference, Albuquerque.
4. Risk Factors in Low-Risk Childbirth; elective procedures and outcomes. Mehl, Ramiel, Hoff, Leininger, and Peterson. *American Public Health Association Abstracts*, 1979.
5. Mittal S, Mehl L, Fuentes F. Predicting the Time of Myocardial Infarction among Hispanic and Other Caucasians. *American Journal of Cardiology*, March, 1992.
6. Mehl-Madrona L, Lewis D, Lewis S, Brooks A, Ferrell S, Bell I, Schwartz G. (2003). Effects of participation in a Lakota prayer ceremony on Quantitative EEG, presented at the Society for Neuropsychological Research, Houston, TX, September, 2003.

TECHNICAL REPORTS RELEVANT TO ACADEMIC FIELD

Large website (grant funded; Dorrance Foundation) on integrative therapies for children's neurodevelopmental disorders, accessible at www.healing-arts.org/children.

Presented at International Meetings

1. Mehl-Madrona L. Systems Dynamics Computer Simulation Modeling for Predicting Risk for Childbirth. *Proceedings of the IASTED International Conference: Modeling, Simulation, and Control*, Innsbruck, Austria, Vol. II, Feb. 19-22, 2001, pp. 575-578, Calgary: ACTA Press, 2001.

Book Chapters:

1. Mehl, L.E. (1976). Statistical Outcomes of Home Delivery; comparison to similarly selected hospital deliveries. . In Stewart and Stewart, eds., *Safe Alternatives in Childbirth*. Marble Hill, Missouri: Napsac Publications.
2. Mehl, L. and Peterson, G. (1976). Management of the Complications of Home Delivery. In Sousa, M. *Childbirth at Home* New York: Prentice Hall.
3. Mehl, L.E. (1977). Research on Alternatives in Childbirth. What can it tell us about hospital practice? In Stewart and Stewart (ed.) *21st Century Obstetrics Now*. Marble Hill, Mo.: NAPSAC Publications.
4. Mehl, L.E. and Peterson, G. (1978). Home Birth versus Hospital Birth; Comparisons of Outcomes of Matched Populations. Ahmed, P. (ed.), *Pregnancy, Birth, and Parenting; Coping with Medical Issues*. New York: Elsevier-North Holland.
5. Mehl, L. (1978). Statistical Outcomes of Homebirths in the United States; Current Status. In: Stewart and Stewart, *Safe Alternatives in Childbirth*, Marble Hill, Mo.: NAPSAC Publications.

6. Mehl and Peterson (1979). Comparative studies of Psychological Outcomes of Various Childbirth Alternatives. In Stewart and Stewart, ed. 21st Century Obstetrics Now. Marble Hill, Mo.: NAPSAC Publications.
7. Mehl LE. (1980). Statistical Outcomes of home birth in the United States. In Davis RD and Kitzinger S. The Place of Birth. Oxford: Oxford University Press.
8. Mehl, L.E. (1988). Magic, Medicine, and Shamanism, in Heize, R., Proceedings of the Vth International Conference of Shamanism. Berkeley: University of California (Asian Studies).
9. Mehl, L., Donovan, S., and Peterson, G. (1989). The Role of Hypnotherapy in Facilitating Normal Birth. In Fedor-Freyburgh, Peter, editor. Encounter with the Unborn. London: Parthenon, 1989.
10. Mehl, L. and Peterson, G.H. (1989). Psychiatric Diagnosis and Birth Complications (with Gayle Peterson) in Fedor-Freyburgh, op. cit.
11. Mehl, L. (1989). Modern Day Shamanism: Bridging Native American Medicine with Biomedicine. In Doore, G. (ed.). Shaman's Path. Boulder: Shambala.
12. Mehl, L.E. (1989). Faith and Doubt in Shamanic Healing. in Heize, R. Proceedings of the VIth International Conference on Shamanism. Berkeley: University of California (Asian Studies).
13. Mehl, L.E. (1990). When Evil is Encountered in Imagery. In Kunzendorf, R. (ed). Imagery Therapy. New York: Plenum Press.
14. Mehl, L.E. (1990). Evil in Native American Spirituality. In Heinze, R.I. Proceedings of the VII Intl. Conference on Shamanism. Berkeley: Univ of California Dept of Asian Studies.
15. Mehl, L.E. (1994). Chalazion Therapy. In Procedures in Family Practice. Philadelphia: W.B. Saunders.
16. Mehl-Madrona, L. (1999) Native American Medicine. In Carolyn Chambers Clark (ed.) Alternative Therapies.
17. Mehl-Madrona, L. (1999) What is Different about the Complementary Medicine Perspective. In Carolyn Chambers Clark (ed.) Alternative Therapies.
18. Mehl-Madrona, L. (1999) Hypnosis During Pregnancy. In Carolyn Chambers Clark (ed.) Alternative Therapies.
19. Mehl-Madrona L. (2003). Native American herbal pharmacology, healing, and elder care. In Selin H, Shapiro D. Medicine Across Cultures. London: Kluwer.
20. Mehl-Madrona L. (2003) Native American inspirations for Integrative Cancer Care. In Moore R. Integrative Cancer Care. New York: Academic Press.
21. Mehl-Madrona L. (2003). A computer model to predict the course of metastatic cancer. In Narayanan S. (ed). Human Systems Engineering. Aldin-Liss Publications, Amsterdam, The Netherlands.
22. Mehl-Madrona L. (2004). Integrative Psychiatry. In Kligler B, Lee R. Integrative Medicine. New York: McGraw Hill.
23. Mehl-Madrona L, Schiller R. (2004). Integrative Geriatric Medicine. In Kligler B, Lee R. Integrative Medicine. New York: McGraw Hill.
24. Mehl-Madrona L, et al. (2004). Case Studies in Integrative Pediatrics. In Kligler B, Lee R. Integrative Medicine. New York: McGraw Hill.
25. Mehl-Madrona L. (2003). Native American herbal pharmacology, healing, and elder care. In Selin H, Shapiro D. Medicine Across Cultures. London: Kluwer.
26. Mehl-Madrona L. (2006) Aboriginal approaches to healing relational trauma. In Potter N. (ed.). Healing Relational Trauma. Toronto: Oxford University Press.
27. Mehl-Madrona L. (2009) Was Coyote the Original Psychotherapist? In Panter B, ed. Creativity and Madness, Volume 2, Thousand Oaks, CA: AIMED Press.

28. Thompson S, Kupperud S, Mehl-Madrona L. (2009). Aboriginal approaches to healing intergenerational trauma. In: Britterand, Michelle. Trauma, volumes 1 and 2. New York: Oxford University Press.
29. Mehl-Madrona L, Mainguy B. (2009). Indigenous approaches to healing autistic children. In Hill L. New Therapies for Autism. Dallas, TX: Hope Press.
30. Mehl-Madrona L. (2012). Anti-Fungal Therapies in Autism. In Contemporary Therapies for Autism, New York, NY.
31. Mehl-Madrona L. (2012). Indigenous Approaches to Autism. In Contemporary Therapies for Autism, New York, NY
32. Mehl-Madrona L, Mainguy B. (2012). Indigenous inter-connectedness and deep ecology. In Williams L. (ed.). Radical Human Ecology. Farnham, Surrey, UK: Ashgate Press.
33. Larkey L, Mehl-Madrona L, Greenly S. (2012) Integrative Approaches to Cancer Prevention. In Greenlees H. Cancer Prevention, 2nd edition. New York: McGraw-Hill. First Edition, 2005.
34. Mainguy, B. Mehl-Madrona, L. (2013). Culture as Medicine. In Weaver, H. Social Issues in Contemporary Native America, Farnham, Surrey, UK: Ashgate Press.
35. Mainguy, B., Mehl-Madrona, L., Shah, A. (2015). Integrative Approaches to Geriatric Depression, in Greenblatt JM, Brogan K, editors. Integrative Therapies for Depression: Redefining Models for Assessment, Treatment and Prevention. CRC Press; Nov 18.

Books Published:

2. Mehl, L.E. and Peterson, G.H. (1984). Pregnancy as Healing: holistic philosophy for prenatal care. Berkeley, CA: Mindbody Press.
3. Mehl, L.E. and Peterson, G.H. (1985). Cesarean Birth: Risk and Culture, volumes 1 and 2. Berkeley: Mindbody Press.
4. Mehl, L.E. (1986). Mind and Matter: Holistic approaches to chronic disease. Berkeley: Mindbody Press.
5. Mehl-Madrona, L.E. [Coyote Medicine](#): Lessons for Healing from Native America. New York: Simon and Schuster, February, 1997; Paperback; Firestone, 1998.
6. Mehl-Madrona LE. Coyote Healing: Miracles of Native Medicine. Rochester, VT: InnerTraditions/Bear and Co, 2003.
7. Mehl-Madrona L. Coyote Wisdom: Storytelling and Healing Wisdom. Rochester, VT: InnerTraditions/Bear and Co., 2005.
8. Mehl-Madrona L. Narrative Medicine: the use of history and story in the healing process. Rochester, VT: InnerTraditions/Bear and Co., 2007.
9. Mehl-Madrona L. Healing the Mind through the Power of Story: the Promise of Narrative Psychiatry. Rochester, VT: InnerTraditions/Bear and Co, 2010.
10. Mehl-Madrona L, Mainguy, B. Remapping the Mind: Theory and Practice of Narrative Healing. InnerTraditions/Bear and Co., for release April 2015.

11. PAPERS IN NON-REFEREED JOURNALS

INVITED PAPERS IN PUBLISHED CONFERENCE PROCEEDINGS AND ABSTRACTS

TECHNICAL REPORTS RELEVANT TO ACADEMIC FIELD

Large website (grant funded) on integrative therapies for children's neurodevelopmental disorders, accessible at www.healing-arts.org/children.

ARTISTIC EXHIBITIONS OR PERFORMANCES

Assorted teaching audiotapes and videotapes on hypnosis techniques, 1978-present.

May 2008, American Academy of Guided Imagery, Web-based Conference, Imagery for Pain, and Techniques for Dialogue with the Spirit of an Illness.

February 2009, Coyotemedicinetv on youtube – sample interviews and lectures.

July 2011, Sounds True, Boulder, CO, 6 CD set on Native American Healing

April 2019, Scenes from the Hospital Window, Winter and Spring. Photographs. The Permanente Journal.

PROFESSIONAL PRACTICE

Clinical Skills:

I have worked extensively as a general family physician, including obstetrics (more than 1000 deliveries) and as an emergency room physician. I have done emergency room work at high volume urban centers (St. Joseph's Hospital, Milwaukee; Kaiser Hospital, Sacramento, University of Pittsburgh Medical Center) and in very rural settings in New Mexico and California. I have practiced hospital consult-liaison psychiatry since completion of my psychiatry residency in 1996. Procedures that I teach include intubation, chest tube insertion, central line placement, flexible sigmoidoscopy, treadmill testing, colposcopy, ultrasound and minor surgery. I am trained in ECT and transcranial magnetic stimulation. A major clinical interest is in behavioral medicine, where I have skills in hypnosis, biofeedback, family therapy, biofeedback, physical medicine procedures (therapeutic massage, neuromuscular re-education, manipulation, trigger point injection, acupuncture, therapeutic exercises, etc.), and group therapy. I am a student of Native American medicine and ethno-pharmacology.

CONSULTING WORK UNDERTAKEN

Consultation to hospitals and medical groups about starting and operating complementary medicine programs.

Consulted to health care facilities on improvement of health effectiveness through more efficient utilization of the human factor in health care. Work with clinics to determine patient populations needs, to develop strategies to improve quality of care and decrease cost through programs for specific disease groups and for the group of patients in the upper percentiles of health care utilization.

Examples:

Consultant for the Centre for Rural and Remote Health, Flinders University School of Medicine and Charles Darwin University School of Medicine, Alice Springs, Australia, 1 week annually since 2018.

Through Coyote Institute, I provided 2 weeks of consulting each year for 5 years to the Gippsland, Victoria (Australia) aboriginal community regarding the incorporation of their own culture into the health services they provide. This was funded by a grant from the government of Australia from 2009 through 2014.

Consultation regarding patients using the Emergency room with the highest frequency. Through provision of relaxation training, a support group, and teaching stress reduction skills, these persons were able to greatly reduce their emergency room utilization.

Consultation to a group of alternative birth centers losing money through patient transfers to high-risk

labor and delivery units before and during labor. Developed a program of prenatal education, stress reduction, labor visualization, and support groups which decreased hospital transfer and increased birth center income.

Development of a program for an asthma clinic for their difficult asthmatics which included stress management training, biofeedback, group therapy, and hypnosis. Cost of care improved along with a decrease in hospitalization and emergency room utilization.

Consultation to Indian Health Service facilities on how to integrate traditional Indian medicine practitioners into their service component.

I consulted to the U.S. Army on their psychopharmacology training program to teach clinical psychologists how to prescribe medications within Federal facilities (2009-2010).